

Manual Handling

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Shift Materials Safely Using Manual Handling Methods (TLID1001A)

Undertake Manual Handling Tasks Safely

Manual handling tasks are responsible for over 35% of compensationable injuries within Australian workplaces.

This highly interactive course is nationally recognised training that equips participants with skills and knowledge to shift loads using manual handling methods, including planning, risk assessment and relocating the load according to the plan. It includes compliance with safety legislation and basic principles of safe lifting.

Our vertebral simulator demonstration allows participants to see first-hand how vulnerable the back is to injury when lifting materials incorrectly. Participants will also undertake practical lifting and stretching exercises.

Course content

1. How the body moves
 - The human spine
 - Posture
2. Risk assessment
 - Legislation, standards and code of practice
 - Consequences of poor manual handling
 - Risk management process
 - Risk factors and common control measures
 - Type and characteristics of loads, clearance, routes and storage requirements
3. Planning
 - Developing a relocation plan and process
 - Using the Code of Practice and workplace procedures
4. Relocating loads
 - Safe manual handling principles
 - Actions and movements
 - Team lifting
 - Review and checking for compliance

Who should attend this course?

This course is designed for people who are required to carry out manual handling in their day-to-day work, and is relevant to all industries and workplaces.

How is course content covered?

This practical, hands on course is undertaken face-to-face in the classroom. Due to the interactive nature of this course, the maximum class size is 12 participants.

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How long does it take to complete the course?

3.5 hours

Where are courses delivered?

This course can be delivered on site at your business location. Public courses will be available soon. Please visit our web site for course dates and venues.

Entry requirements

There are no pre-requisites or co-requisites for this course. Recognition of prior learning (RPL) is available. Please contact us for more information.

How are participants assessed?

Assessment is undertaken through group discussion and questioning, short answer quizzes and direct observation of manual handling in the workplace or simulated workplace.

Qualification

A Statement of Attainment in Shift Materials Safely Using Manual Handling Methods (TLID1001A) will be issued to each participant who successfully completes the course.

Special Needs

PeopleSafe Australia caters where possible for any special needs. Please advise us on application and completion of enrolment processes.

How much does it cost?

Per participant (public courses)	\$220 (GST exempt)
Corporate Group Training	Please contact us for a quote.

Course fees include:

- Training and assessment. All PeopleSafe Australia trainers and assessors:
 - Have a Certificate IV in Training and Assessment (TAA40104 or TAE40110).
 - Have extensive training and assessment experience.
 - Are qualified in their discipline.
 - Have a history of working in the OH&S industry.
 - Have participated in a course induction giving them a sound understanding of the complete curriculum and all training services policies & procedures.
 - Are supervised by a customer service manager.
- Course notes and learning material.
- Nationally Recognised Statement of Attainment – Shift Materials Safely Using Manual Handling Methods (TLID1001A).

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Why PeopleSafe Australia?

PeopleSafe Australia is a Registered Training Organisation (RTO Provider Number: 91596). Our courses have been evaluated by industry representatives to guarantee that they meet the highest standards. We are committed to providing quality OHS training and assessment services with:

- Courses delivered and assessed by experienced trainers with real life OHS experience.
- Quality resources.
- Competitive prices.
- Excellent support.
- Personalised service.

How can I enrol?

To enrol, please view the terms and conditions in the Participants Handbook, complete the registration form and send it to us by email, mail or fax. To ensure your place, please register and submit payment at least 15 days prior to the course commencement date. Payment can be made by direct transfer, cheque or money order. Please contact us if alternative payment methods are required.

Refunds

A receipt will be issued for fees paid. All fees paid in advance will be held during the course and made available should a refund be required.

All requests for cancellations or transfers must be made in writing to PeopleSafe Australia prior to commencement of the course.

- A full refund will be made where Peoplesafe Australia cancels the course.
- Public courses - PeopleSafe Australia will consider a full/part refund or transfer where a participant meets with a serious misadventure and cannot continue their enrolment.
- Corporate Group Training – Postponement of a course within 5 working days of a course commencing will incur an administrative fee of 50% of the nominal daily training rate. Any cancellation of a course 10 working days prior to commencement will incur a fee equivalent to 100% of the nominal daily training rate.

Refunds cannot be issued for change of mind, non attendance or not finishing a course.